

A dandelion seed head is shown in the lower-left foreground, with its seeds blowing away towards the upper-right. The background is a soft, out-of-focus sunset or sunrise sky with warm orange and yellow tones. The text is overlaid in the center in a large, white, sans-serif font.

20 Ways to Live a More Abundant Life

Tip #1

Learn to receive

Start with a simple thank you when somebody gives you a compliment.

Tip #2

Find what you love

The more you will align with what you love doing, the more abundance you will attract in your life.

Tip #3

Feel what you want

The more you will align with the feeling attached to what you want, the more you will attract it.

Tip #4

Appreciate what you have in your life

The reason that the last point is important, is that your body will need to satisfy basic urges before it lets you build toward goals.

Tip #5

Accept and let go

Accept that sometimes you don't have what you want at that moment and let go of the need to control.

Tip #6

Be mindful

This will help you let go of the past and stop worrying about the future.

Tip #7

Focus on what you want

What you focus on grows so make sure that is what you want as opposed to what you don't want.

Tip #8

Start a gratitude journal

Every day, write down three things you are most grateful for in your life.

Tip #9

Reducing expectations

By reducing your expectations, you allow more opportunities to show.

Tip #10

Change your vocabulary

Stop using the words “can’t” and “don’t”
because it limits your growth.

Tip #11

Express self-love

Self-love is placing yourself as a priority so that we can be our best self in our life and for others.

Tip #12

See the opportunity in difficulties

When you perceive obstacles as an opportunity, you allow yourself to learn from those obstacles.

Tip #13

Ask for help

In order to shift this habit to bring more abundance in your life, try to find ways to ask for help.

Tip #14

Be clear

Having a clear idea of what you desire will fast track it's manifestation

Tip #15

Take responsibility

If you don't acknowledge your responsibility in your life, you are unable to feel empowered to do something about improving your life.

Tip #16

Avoid instant gratification

prior to make a purchase, ask yourself if it's a want or a need.

Tip #17

Find balance in your life

Balance means that you give as much as you receive.

Tip #18

Use smart goals

They will allow you to be very specific in what you want and help manifest it.

Tip #19

Believe that you are enough

Because there is enough in this world for
everyone to receive.

Tip #20

Take control of your life

Be in the driver's seat and make choices that create what you want to experience.